

**BONIHEAL SUSPENSION COMPOSITION:** Each 10 ml. of suspension contains:

Herb name	Botanical name	Qty.
<b>A. Aqueous extracts derived from :</b>		
Sigru	<i>Moringa oleifera</i>	500 mg
Ashvabala (Alfalfa)	<i>Medicago sativa</i>	500 mg
Palak	<i>Spinacia oleracea</i>	300 mg
Kalaunji	<i>Nigella sativa</i>	300 mg
Alsi	<i>Linum usitatissimum</i>	300 mg
Ghrit Kumari	<i>Aloe vera</i>	200 mg
Asthishrinkhla	<i>Cissus quadrangularis</i>	200 mg
Rasna	<i>Pluchea lanceolata</i>	200 mg
Guduchi	<i>Tinospora cordifolia</i>	200 mg
Nirgundi	<i>Vitex negundo</i>	200 mg
Haridra	<i>Curcuma longa</i>	200 mg
Ashwagandha	<i>Withania somnifera</i>	200 mg
Sunthi	<i>Zingiber officinale</i>	200 mg
Jira	<i>Cuminum cyminum</i>	200 mg
Methi	<i>Trigonella foenum-graecum</i>	200 mg
Surajmukhi	<i>Helianthus annuus</i>	200 mg
Erand	<i>Ricinus communis</i>	100 mg
Pippali	<i>Piper longum</i>	100 mg
Yashtimadhu	<i>Glycyrrhiza glabra</i>	100 mg
Suranjan	<i>Colchicum luteum</i>	100 mg
Triphala	<i>An equi mix of Fr. P. of T.chebula + E.officinalis + T.belerica</i>	100 mg
Sigru	<i>Moringa oleifera</i>	100 mg
Amla	<i>Embllica officinalis</i>	100 mg
Badi ilayachi	<i>Amomum subulatum</i>	100 mg
Arjuna	<i>Terminalia arjuna</i>	50 mg
Safed Musli	<i>Asparagus adscendens</i>	50 mg
Shatavar	<i>Asparagus racemosus</i>	50 mg
Tagar	<i>Valeriana wallichii</i>	50 mg
Kushmand (Pumpkin)	<i>Benincasa hispida</i>	50 mg
Bala	<i>Sida cordifolia</i>	50 mg
Pippalimula	<i>Piper longum</i>	50 mg
Mandukaparani	<i>Centella asiatica</i>	50 mg
Kalimirch	<i>Piper nigrum</i>	50 mg
Har Singar	<i>Nyctanthes arbor-tristis</i>	20 mg
Sudh Kuchla	<i>Strychnos nuxvomica (Purified)</i>	10 mg
<b>B. Powders :</b>		
Godanti Bhasam	<i>Classical Ay. Preparation</i>	200 mg
Jahar Mohara Pishti	<i>Classical Ay. Preparation</i>	150 mg
Shalaki	<i>Boswellia serrata</i>	100 mg
Mukta Shukti Bhasam	<i>Classical Ay. Preparation</i>	100 mg
Laksha Sudh	<i>Laccifer lacca purified</i>	100 mg
Raal	<i>Shorea robusta</i>	50 mg
Vanshlochan	<i>Bambusa sps.</i>	50 mg
Yashad Bhasma	<i>Classical Ay. Preparation</i>	30 mg
Sudh Shilajeet	<i>Black Bitumen Purified</i>	25 mg
Swaran Makshik Bhasam	<i>Classical Ay. Preparation</i>	5 mg
Jaitun	<i>Olea europaea Ext.</i>	3 mg
Sudh Suhaga	<i>Classical Ay. Preparation</i>	2 mg
<b>C. Oils :</b>		
Genhu Ankur Tail	<i>Triticum sativum (wheat) germ Oil</i>	0.02 ml
Madhu	<i>Honey</i>	Q.S.
Suspension sugar base		Q.S.
Excipients		Q.S.

Colour - Chocolate Brown [Tartrazine (CI 19140), Carmoisine (CI 14720), Brilliant Blue FCF (CI 42090), Sodium Chloride],  
Flavour – Chocolate & Mango.

Other Ingredients - Benzoic acid, Sodium benzoate, Methyl Paraben, Propyl Paraben, Sodium Methylparaben, Sodium Propylparaben.

**Dosage:**

S.No.	Indications	Dosage form	Dosage			Min. Duration (months)	
			Children		Adult	Children	Adult
			3-6 yrs	7-12 yrs			
1.	Fractured bone	Syrup	1 tsf B.D.	2 tsf B.D.	2 tsf T.D.S.	2	2
2.	Osteoporosis/ Osteopenia	Syrup	1 tsf B.D.	2 tsf B.D.	2 tsf T.D.S.	3	3
3.	Delayed bone growth	Syrup	1 tsf B.D.	2 tsf B.D.	2 tsf T.D.S.	3	3
4.	Bone mineral deficiency	Syrup	1 tsf B.D.	2 tsf B.D.	2 tsf T.D.S.	3	3