

## SEMENTO CAPSULE: COMPOSITION: Each capsule contains:

Hindi Name	Botanical Name	Quantity
Dried aqueous extracts derived from :		
Gokshru	<i>Tribulus terrestris</i>	200 mg
Pumpkin Seed	<i>Banincasa hispida</i>	100 mg
Kaunch Beej	<i>Mucuna pruriens</i>	100 mg
Shatavar	<i>Asparagus racemosus</i>	100 mg
Ashwagandha	<i>Withania somnifera</i>	100 mg
Suraj Mukhi Beej	<i>Helianthus annuus</i>	100 mg
Soyabean	<i>Glycine soja</i>	100 mg
Kokilaksha	<i>Asteracantha longifolia</i>	50 mg
Sunishanak	<i>Blepharis edulis</i>	50 mg
Bidari Kand	<i>Pueraria tuberosa</i>	20 mg
Kutaki	<i>Picrorhiza kurroa</i>	20 mg
And		
Kalonji	<i>Nigella sativa</i>	30 mg
Sudh Shilajeet	Black Bitumen (Purified)	25 mg
Methi	<i>Trigonella foenum graecum</i>	20 mg
Shwet Jeerak	<i>Cuminum cyminum</i>	20 mg
Safed Musli	<i>Asparagus adscendens</i>	20 mg
Sudh Kuchla	<i>Strychnos nuxvomica (Purified)</i>	20 mg
Pippali	<i>Piper longum</i>	20 mg
Makardhwaj	Classical Ay. Preparation	20 mg
Jaiphal	<i>Myristica fragrans</i>	20 mg
Javitri	<i>Myristica fragrans</i>	20 mg
Ushir	<i>Vetiveria zizanioides</i>	15 mg
Khurasani Ajwain	<i>Hyoscyamus niger</i>	15 mg
Swarna Vanga	Classical Ay. Preparation	15 mg
Yashad Bhasam	Classical Ay. Preparation	15 mg
Kahu Beej	<i>Lactuca sativa</i>	10 mg
Til	<i>Sesamum indicum</i>	10 mg
Akarkara	<i>Anacyclus pyrethrum</i>	10 mg
Tejpatr	<i>Cinnamomum macrocarpum</i>	10 mg
Dalchini	<i>Cinnamomum zeylanicum</i>	10 mg
Lavang	<i>Syzygium aromaticum</i>	10 mg
Lata Kasturi Satv	<i>Hibiscus abelmoschus Conc.</i>	10 mg
Ankurit Genhu Tail	Wheat Germ Oil	5 mg
Vatadha Oil	<i>Prunus amygdalus</i>	5 mg
Excipients		Q.S.

Processed in the decoction of Triphala (An equi mix of fruit pericarp of *T.chebula* + *E. officinalis* + *T. belerica*), Kikarphali (*Acacia arabica*), Shobhajanphali (*Moringa oleifera*), Ashwagandha (*Withania somnifera*), Gokhru (*Tribulus terrestris*) & Nagvalli (*Piper betle*), Gudhal (*Hibiscus rosa sinensis*) & Piyaz Ras (*Allium cepa*).

## Dosage:

S.No.	Indications	Dosage form	Dosage		Min. duration (months)	
			Therapeutic	Restorative	Therapeutic	Restorative
1.	Oligospermia	Capsule	2 cap. B.D	1 Cap.B.D	3	3
2.	Decreased Libido	Capsule	2 cap. B.D	1 Cap.B.D	3	3
3.	Erectile dysfunction	Capsule	2 cap. B.D	1 Cap.B.D	3	3
4.	Sub optimal motility	Capsule	2 cap. B.D	1 Cap.B.D	3	3