

**AMYCORDIAL TABLETS: COMPOSITION:** Each tablet contains:

Hindi Name	Botanical Name	Quantity
<b>Dried aqueous extracts derived from :</b>		
Shatavar	<i>Asparagus racemosus</i>	200 mg
Putrajeevak	<i>Putranjiva roxburghii</i>	200 mg
Majuphal	<i>Quercus infectoria</i>	100 mg
Jeevanti	<i>Leptadenia reticulata</i>	100 mg
Chaulai Mool	<i>Amaranthus spinosus</i>	100 mg
Manjith	<i>Rubia cordifolia</i>	100 mg
Amla	<i>Emblica officinalis</i>	100 mg
Nagkesar	<i>Mesua ferrea</i>	100 mg
Neem Patr	<i>Azadirachta indica</i>	100 mg
Phool Priyangu	<i>Callicarpa macrophylla</i>	100 mg
Aam Beej majja	<i>Mangifera indica</i>	100 mg
Chandershur	<i>Lepidium sativum</i>	100 mg
Gajpippli	<i>Scindapsus officinalis</i>	100 mg
Sunthi	<i>Zingiber officinale</i>	50 mg
Santra Chilka	<i>Citrus reticulata</i>	50 mg
Anantmool (Sariva)	<i>Hemidesmus Indicus</i>	50 mg
Sheetal Chini	<i>Piper cubeba</i>	50 mg
Tagar	<i>Valeriana wallichii</i>	50 mg
Ashwagandha	<i>Withania somnifera</i>	50 mg
Ravend Chini	<i>Rheum emodii</i>	50 mg
Haridra	<i>Curcuma longa</i>	40 mg
And		
Giloe ghan	<i>Tinospora cordifolia Conc.</i>	30 mg
Methi	<i>Trigonella foenum gracum</i>	20 mg
Bansa Patr ghan	<i>Adhatoda vasica Conc.</i>	20 mg
Hirabol	<i>Commiphora myrrh</i>	20 mg
Raal	<i>Shorea robusta</i>	20 mg
Reetha Massi	<i>Sapindus mukorossi</i>	20 mg
Rasaunt	<i>Extractum berberis</i>	20 mg
Mukta Shukti Bhasam	<i>Ay. Classical Preparation</i>	20 mg
Swet Jeerak	<i>Cuminum cyminum</i>	15 mg
Yashad Bhasam	<i>Ay. Classical Preparation</i>	10 mg
Vang Bhasam	<i>Ay. Classical Preparation</i>	10 mg
Kashish Bhasam	<i>Ay. Classical Preparation</i>	10 mg
Wheat Germ Oil	<i>Triticum sativum Olie</i>	10 mg
Excipients		Q.S.

Processed in the decoction of Laghu Panchmool (an equi-mix of roots of *Desmodium gangeticum* + *Uria picta* + *Tribulus terrestris* + *Solanum surattense* + *Solanum indicum*), Anantamool (*Hemidesmus indicus*), Gainda Patra & Flowers (*Tagetes erecta*), Chaulai Mool (*Amaranthus spinosus*), Doob (*Cynodon dactylon*), Palak (*Spinacia oleracea*), Karpas mool (*Gossypium herbasium*), Vatta Ankur (*Ficus bengalensis*), Vansh Patr (*Bambusa aurindicum*) & Kumari Swaras (*Aloe vera juice*).

**AMYCORDIAL SYRUP: COMPOSITION:** Each 10 ml. of syrup contains:

Hindi Name	Botanical Name	Quantity
<b>Aqueous extracts derived from:</b>		
Shatavar	<i>Asparagus racemosus</i>	200 mg
Vasa Patr	<i>Adhatoda vasica</i>	200 mg
Majuphal	<i>Quercus infectoria</i>	100 mg
Jeevanti	<i>Leptadenia reticulata</i>	100 mg
Gainda Patr	<i>Tagetes erecta</i>	100 mg

Chaulai	<i>Amaranthus spinosus</i>	100 mg
Amla	<i>Emblica officinalis</i>	100 mg
Phool Priyangu	<i>Callicarpa macrophylla</i>	100 mg
Nagkesar	<i>Mesua ferrea</i>	100 mg
Neem Patr	<i>Azadirachta indica</i>	100 mg
Ashwagandha	<i>Withania somnifera</i>	100 mg
Aam Beej majja	<i>Mangifera indica</i>	100 mg
Gajpippli	<i>Scindapsus officinalis</i>	100 mg
Chandershur	<i>Lepidium sativum</i>	100 mg
Ghritkumari	<i>Aloe vera</i>	100 mg
Putrajeevak	<i>Putranjiva roxburghii</i>	100 mg
Sarivan	<i>Desmodium gangeticum</i>	50 mg
Pithivan	<i>Uraria picta</i>	50 mg
Gokshru	<i>Tribulus terrestris</i>	50 mg
Choti Kateli	<i>Solanum surattense</i>	50 mg
Badi Kateli	<i>Solanum indicum</i>	50 mg
Vata jata	<i>Ficus bengalensis</i>	50 mg
Bansa Patr	<i>Bamboosa arundinaceae</i>	50 mg
Manjith	<i>Rubia cordifolia</i>	50 mg
Sunthi	<i>Zingiber officinale</i>	50 mg
Santra Chilka	<i>Citrus reticulate</i>	50 mg
Anantmool (Sariva)	<i>Hemidesmus Indicus</i>	50 mg
Sheetal chini	<i>Piper cubeba</i>	50 mg
Tagar	<i>Valeriana wallichii</i>	50 mg
Ravend Chini	<i>Rheum emodii</i>	50 mg
Haridra	<i>Curcuma longa</i>	40 mg
Shalmali	<i>Salmalia malabarica</i>	40 mg
Methi	<i>Trigonella Foenum gracum</i>	30 mg
Reetha Massi	<i>Sapindus mukorossi</i>	20 mg
And		
Sudh Shilajeet	<i>Purified Black Bitumen</i>	40 mg
Giloe Ghan	<i>Tinospora cordifolia Conc.</i>	30 mg
Rasaunt	<i>Extractum berberis</i>	20 mg
Swet Jeerak Ark	<i>Cuminum cyminum Distt.</i>	15 mg
Wheat Germ Oil	<i>Triticum sativum olie</i>	10 mg
Sugar / Non-sugar base		Q.S.
Excipients		Q.S.

## Dosage

S.No.	Indications	Dosage form	Dosage	Min. Duration (months)
1.	Irregular Menstruation	Syp.	2 tsf. T.D.S	3
		Tab.	2 T.D.S	3
2.	Unexplained infertility	Syp.	2 tsf. T.D.S	6
		Tab.	2 T.D.S	6
3.	Dysmenorrhea	Syp.	2 tsf B.D	3
		Tab.	2 B.D	3
4.	Hypermenorrhea	Syp.	2 tsf T.D.S	3
		Tab.	2 T.D.S	3
5.	Pre Menstrual Syndrome (PMS)	Syp.	2 tsf. B.D	3
		Tab.	2 B.D	3

6.	Pre& Post Menopausal symptoms	Syp.	2 tsf. B.D	3
		Tab.	2 B.D	3

**In PCOS: Amycordial: 2 tab. Thrice a day.**

**+Amree plus: 2 capsules/1tsf granules twice a day for 3 months**