

# Amyron<sup>®</sup>

**A Natural Health Restorative** containing  
**GENTLE IRON, Minerals, Vitamins & more**

Contributes to the normal formation of  
**HAEMOGLOBIN  
& RED BLOOD CELLS**  
PLUS NORMAL ENERGY RELEASE & VITALITY

with vitalizing herbs which contribute to the

**reduction of  
tiredness & fatigue**



# AIMIL Amyron®

AN ALL AGE FORMULA FOR WHOLE FAMILY...

## IMPROVES HAEMOGLOBIN LEVEL & RED BLOOD CELLS

### ✓ ARBI LEAVES (COLOCASIA)

a rich source of Iron and other minerals contribute to normal formation of Haemoglobin and Red Blood Cells (R.B.C.s) and normal oxygen transport to every tissue and organ in the body.

## CONTRIBUTES TO NORMAL ENERGY RELEASE & VITALITY

- ✓ WHEAT BRAN
- ✓ CUMIN
- ✓ FENUGREEK

provide various micro-nutrients which contribute to normal energy release and enhance vitality.

## IMPROVES BLOOD PICTURE AND PLATELET COUNT

### ✓ PAPAYA LEAVES

contains various vital bio active constituents like saponins, tannins & glycosides, acts on Bone marrow, prevent its destruction & enhances its ability to produce platelets.

## REDUCES TIREDNESS AND FATIGUE

### ✓ WHEAT GERM OIL (Rich source of VITAMIN E)

### ✓ SUNFLOWER SEEDS (Rich source of OMEGA 6)

✓ FLAX SEEDS  
(Rich source of OMEGA 3)  
Shatavar & Ashwagandha to maintain normal physical health by reducing tiredness and fatigue.



## REDUCES OXIDATIVE STRESS IMPROVES IMMUNITY

Enriched with

- ✓ AMLA JUICE
- ✓ ALOEVERA JUICE
- ✓ GILOE

Rich sources of Antioxidants, protect body tissues from Oxidative Stress, improve immunity to fight various diseases.



## SUPPLEMENTS MULTI-VITAMIN, MULTI-MINERAL, PROTEIN RICH NUTRIENTS

- ✓ SOYABEAN
- ✓ KALA CHANA

supplements proteins to help "RESTORE QUALITY OF LIFE". Restores and maintains physical health by providing essential amino acids, minerals and vitamins.



# AIMIL Amyron®

## BALANCED & NOURISHING SUPPLEMENT

### FOR ANEMIA IN PREGNANCY

### FOR NURSING MOTHERS

#### SUPPLEMENTS NATURAL IRON FORTIFIED WITH FOLIC ACID RICH HERBS

- **Arbi patr, Punernava, Punarnavadi Mandoor**- rich sources of iron to meet increased requirement during pregnancy.
- **Amla**- rich source of Vit. C (Ascorbic acid) enhances absorption of iron. it prevents the formation of insoluble and unabsorbable iron compounds and it also reduces ferric to ferrous iron, which is a requirement for the uptake of iron into the mucosal cells. (Int J Vitam Nutr Res Suppl. 1989;30:103-8)

- **Zinc (Sunflower seeds, Yashad) and Vit. B6 (Methi, Singhara), Folic acid (Kalachana, Rajma)** help in maturation of RBCs, thus helps in Anemia.
- **Amyron** also provides other nutrients like **Calcium, Vit. A, Vit. B2, Potassium** essential for healthy pregnancy.

Free from

- ✓ Nausea ✓ Vomiting ✓ Abdominal cramps
- ✓ Constipation ✓ Metallic Taste

#### Fulfills Nursing Mother's Nutritional Requirements...

- Supplements Folates, Iron, Vit- A, Zinc, Calcium
- Helps in Assimilation of Micronutrients.
- Nourishes and Rejuvenates the Tissues.

#### • NOURISHES LACTATING MOTHERS

Fenugreek (Methi seeds ) is considered as one of the best nutritional supplements for lactating mothers. The experimental studies also prove its worth as being a good source of "diosgenin" known to regularize milk flow. Fenugreek is considered safe for nursing moms and is on the USFDA.'s GRAS list (Generally Recognized As Safe) of safe foods.

#### CONSERVES & REPLENISHES MOTHER'S BODY

Cumin & Shatavar are the important vegetative sources enriched with Folates, Vitamins, Minerals, Proteins. They fulfill high demands and simultaneously conserve & replenish the quality of mother's milk, providing best feed to infants.

#### RAISES ALPHA LINOLENIC ACID IN BOTH PLASMA & ERYTHROCYTES

Flaxseed (Alsi) *Linum usitatissimum* is one of the richest dietary sources of Alpha linolenic acid. Healthy female volunteers consumed 50 g raw flaxseed f or 4 weeks which provided 12-13% of energy intake (24-25g/100 g) total fat. Flaxseed raised Alpha linolenic acid and long-chain n-3 fatty acids in both plasma and erythrocyte lipids.

(British Journal of Nutrition (1993), 69, 4433-453)



Value Per 100 Gms.

INGREDIENT	NUTRIENTS				MINERALS										VITAMINS										LIPIDS			
	Energy kj	Protein g	Total lipid (fat) g	Carbohydrate Total g	Calcium, Ca mg	Iron, Fe mg	Magnesium, Mg mg	Phosphorus, P mg	Potassium, K mg	Sodium, Na mg	Zinc, Zn mg	Copper, Cu mg	Manganese, Mn mg	Selenium, Se mcg	Ascorbic acid (Vit. C) mg	Thiamin mg	Riboflavin mg	Niacin mg	Vitamin B-6 mg	Folate, total mcg	Folate, food mcg	Vitamin A, IU IU	Vitamin A, RAE mcg	Tocopherol, gamma mg	Vitamin K (phylloquinone) mcg	Fatty acids, total saturated g	Fatty acids, total monounsaturated g	Fatty acids, total polyunsaturated g
Fenugreek	1352	23	6.41	58.35	176	33.53	191	296	770	67	2.5	1.11	1.228	6.3	3	0.322	0.366	1.64	0.6	57	57	60	3	0	0	1.46	0	0
Cumin seed	1567	17.81	22.27	44.24	931	66.36	366	499	1788	168	4.8	0.867	28	5.2	7.7	0.628	0.327	4.579	0.435	10	10	1270	64	0	5.4	1.535	14.04	3.279

Data as per USFDA website.










# AIMIL Amyron®

## AN IDEAL HAEMATINIC

ANEMIA ASSOCIATED WITH POOR FOOD INTAKE

ANEMIA MANIFESTED BY GENERALISED WEAKNESS

Nutrients Vitamins		Sources in Amyron with Assessable Contents	
<b>Beta-carotene</b> Vitamin A	 SPINACH	Spinach 9377IU Jeera 1270IU	Nutrient value of Amyron Ingredients
<b>Thiamin</b> Vitamin B <sub>1</sub>	 SUNFLOWER SEEDS	Sunflower seeds 1.48mg Rajma 0.608mg	
<b>Riboflavin</b> Vitamin B <sub>2</sub>	 SOYABEAN	Soyabean 0.87mg Methi 0.366mg	
<b>Niacin</b> Vitamin B <sub>3</sub>	 SOYABEAN	Soyabean 8.33mg Sunflower seeds 8.33mg	
<b>Pantothenic acid</b> Vitamin B <sub>5</sub>	 KALACHANA	Kalachana 1.58mg Sunflower seeds 1.13mg	
<b>Pyridoxine</b> Vitamin B <sub>6</sub>	 FENUGREEK SEEDS	Methi 0.60mg Singhara 0.66mg	
<b>Ascorbic acid</b> Vitamin C	 AMLA	Amla 27.7mg Spinach 28.1mg	
<b>Alpha-Tocopherol</b> Vitamin E	 WHEAT GERM OIL	WheatGerm Oil 149.4mg Sunflower Seeds 33.2mg	
<b>Folate</b> Total	 RAJMA	Kala Chana 557mcg Rajma 394mcg	

Nutrients Minerals		Sources in Amyron with Assessable Contents	
<b>Calcium</b> Ca	 CUMIN	Cumin 931 mg Clove 646 mg	Nutrient value of Amyron Ingredients
<b>Iron</b> Fe	 SUNFLOWER SEEDS	Cumin 66.3 mg Fenugreek 33.5 mg	
<b>Magnesium</b> Mg	 CUMIN	Cumin 366 mg Sunflower seeds 325 mg	
<b>Phosphorus</b> P	 SOYABEAN	Soyabean 704 mg Rajma 406 mg	
<b>Pottassium</b> K	 SOYABEAN	Soyabean 1797 mg Cumin 1788 mg	
<b>Zinc</b> Zn	 SUNFLOWER SEEDS	Sunflower seeds 5.00 mg Kalachana 3.43 mg	
<b>Copper</b> Cu	 SUNFLOWER SEEDS	Soyabean 1.65 mg Methi 1.11 mg	
<b>Manganese</b> Mn	 SOYABEAN	Sunflower seeds 53.0 mg Soyabean 17.8 mg	
<b>Selenium</b> Se	 FENUGREEK SEEDS	Kalachana 2.20 mg Methi 6.3 mg	

# AIMIL Amyron<sup>®</sup> Syrup

AN ALL AGE FORMULA FOR WHOLE FAMILY...

## Exclusive benefits :

- ★ **Supplements easily absorbable natural Iron with folic acid.**
- ★ **Meets Nutritional requirements of Pregnant Women & Nursing Mother.**
- ★ **Improves Platelet Count significantly.**

### INDICATIONS

- ★ Nutritional Anaemia
- ★ Anemia of Pregnancy
- ★ Anemia Resulting from Menorrhagia
- ★ Anemia Manifested by Generalised Weakness
- ★ General Debility ★ Convalescence
- ★ Oxidative Stress ★ Anorexia

### DOSAGE

#### SYRUP

ADULTS (MEN AND WOMEN): 3 tsf. BD  
 CHILDREN: (1-3 YEARS): ½ tsf. BD  
 (4-6 YEARS): 1 tsf. BD  
 (7-12 YEARS): 2 tsf. BD

or as directed by the Physician.

### Free from Adverse effects :

- ✓ Metallic taste ✓ Constipation
- ✓ Teeth Staining ✓ Nausea
- ✓ Vomiting ✓ Epigastric distress



#### Arbi leaves

Rich source of Iron, improves Haemoglobin level.

#### Papaya leaves

Improves blood picture and Platelet Count.

#### Wheat bran, Varahikand

Excellent source of Iron, encourages internal rejuvenation.

#### Methi, Jeerak

Provides rich source of micro-nutrients

#### Giloe, Haritaki

Strengthens immunity & helps fight diseases.

#### Amla & Aloe vera

Protect body tissues from oxidative damage.

#### Wheat Germ oil

Rich source of Vitamin-E.

#### Draksha

Supports energy production

#### Soyabean, Kalachana, Rajmah

Rich source of folic acid, helps in RBCs Maturation.

#### Ashwagandha, Punernava

Reduction of tiredness and fatigue

#### Shatavar, Manjith

Rejuvenating body tissues.

#### Musli & Bidarikand

Maintain normal function of bones & muscles

#### Kaunch & Shatavar

Maintain normal physical health.

#### Shilajeet

Supports energetic alertness.

#### Sunflower & Alsi

Supplement Omega-6 and Omega-3.