

**Composition:** Each 10ml of syrup contains:

Sanskrit / Hindi Name	Botanical Name	Qty.
<b>Aqueous extracts derived from</b>		
Jeera	<i>Cuminum cyminum</i>	200 mg
Sauf	<i>Foeniculum vulgare</i>	200 mg
Pudina	<i>Mentha piperita</i>	150 mg
Trikatu	An equi. mix of <i>P. longum</i> + <i>P. nigrum</i> + <i>Z. officinale</i>	150 mg
Badi Elaichi	<i>Amomum subulatum</i>	150 mg
Raktapunarnava	<i>Boerhaavia diffusa</i>	100 mg
Nagarmotha	<i>Cyperus scariosus</i>	100 mg
Giloe	<i>Tinospora cordifolia</i>	100 mg
Yashtimadhu	<i>Glycyrrhiza glabra</i>	100 mg
Triphala	An equi. Mix of fruit pericarp of <i>Emblica officinalis</i> + <i>Terminalia chebula</i> + <i>Terminalia bellerica</i>	100 mg
Kadipatta	<i>Murraya koenigii</i>	100 mg
Sigru	<i>Moringa oleifera</i>	100 mg
Ajwain	<i>Trachyspermum ammi</i>	50 mg
Aalu Bukhara	<i>Prunus domestica</i>	50 mg
Amlavetes	<i>Garcinia pedunculata</i>	50 mg
Haritaki	<i>Terminalia chebula</i>	50 mg
Dhania	<i>Coriandrum sativum</i>	50 mg
Anardana	<i>Punica granatum</i>	150 mg
Ajmod	<i>Apium leptophyllum</i>	50 mg
Alsi Beej	<i>Linum usitatissimum</i>	50 mg
Draksh (Munnaka)	<i>Vitis vinifera</i>	50 mg
Methi Beej	<i>Trigonella foenum- graecum</i>	50 mg
Kalonji	<i>Nigella sativa</i>	30 mg
Tejpatra	<i>Cinnamomum tamala</i>	30 mg
Piplamool	<i>Piper longum</i>	25 mg
Dalchini	<i>Cinnamomum zeylanicum</i>	25 mg
Laung	<i>Syzygium aromaticum</i>	25 mg
<b>Liquid :</b>		
Ardraka Ras	<i>Zingiber officinale</i> juice	200 mg
Neembu Ras (Lemon Juice)	<i>Citrus limon</i> juice	200 mg
<b>Powders of :</b>		
Yavakshar	W.S. ash of <i>Hordeum vulgare</i>	25 mg
Kalanamak	<i>Unaqua Sodium Chloride</i>	25 mg
Imlikshar	W.S. ash of <i>Tamarindus indica</i>	25 mg
Sajjikshar	Classical Ay. Preparation	25 mg
Naushadar Sudh	<i>Ammonium chloride</i> purified	25 mg
Saindha Namak	<i>Sodi Chloridum</i>	25 mg
Sugar Syrup Base		Q.S.
Excipients		Q.S.

**Dosage:**

S.NO	Indications	Dosage form	Dosage			Min. Duration (months)	
			Children's		Adult	Children	Adult
			1-6 yrs	7-12 yrs			
1.	Indigestion	Syp.	1 tsf. B.D	2 tsf. B.D	2 tsf. T.D.S	3	3
2.	Flatulence	Syp.	1tsf. B.D	2 tsf. B.D	2 tsf. T.D.S	2	2
3.	Gripes& colics	Syp.	1 tsf. B.D	-	-	1	-
4.	Morning Sickness	Syp.	-		2 tsf. Q.I.D	-	3